

HIGH SCHOOL SUMMER CAMP 2011
PACKING LIST

Pack the following items in a small duffle bag with your name on it...

- Sleepwear
- Toiletries
- Clothes and shoes that can get wet or dirty
- Flip flops
- Plastic garbage bag (for wet clothes/shoes)
- Sweatshirt (it gets chilly at night)
- Towel
- Water bottle
- Sunscreen, chapstick & bug spray
- Swimsuit *-see dress code at right —>*
- Flashlight
- Bible & pen,
- Travel money for meals & snacks (\$20)
- **Medications (**see note at bottom)**

Please place the following items in a large garbage sack and label it with your name...

- Sleeping bag
- Blanket & pillow
- Optional:* water noodle, life vest, floatie toys, camera, ski/wakeboard gear, deck of cards, snacks to share during travel

****MEDICATIONS**

If you plan to bring any prescription or over the counter medication on the trip please complete the MEDICATION INFORMATION & PERMISSION FORM and turn it in ahead of time if possible. **Also, please bring your medications in their original container or packaging.** Depending on the medication and the circumstance, **we may ask that you not carry your medication in your possession during the trip.** Therefore, students should arrive on departure day prepared to check in their medications at the medication check-in table.

STUDENT MINISTRIES

*Swimsuit dress code
modesty is important*

GIRLS

- Bikini swim tops & sport bras are not allowed *unless worn with a non-white t-shirt/tank-top/ or cami both in and out of the water.*
- A modest tankini or one piece swimsuit is preferred.
- Shorts (we recommend board shorts or a light weight nylon fabric) should be worn at all times when wearing a swimsuit. This includes time in the water as well

GUYS

- Swim trunks that do not sag.

Please do not pack the following items...

- ...Your cell phone or any other electronics (including an ipod, MP3 player, etc.)
- ...Any illegal drugs, alcohol, paraphernalia, or weapons of any kind
- ...Over the counter or prescribed medications/drugs of any kind without a parent signed Medication Permission Form and without first checking in at the medication check-in table on departure day.

DEPARTURE & RETURN DATE DETAILS

Check-in on Monday, June 27, 7:30am at the Happy Valley Campus

We will return on Saturday, July 2nd, around 8pm (return time is our best guesstimate).

We will pass around a phone so that all students will have an opportunity to let parents know if the return time is much different